



# **SANDY BAY HARRIER CLUB ANNUAL REPORT 2024/25**





**Patron – Rob Mazey**

**Vice Patrons – Troy Bennett and Mandy McIntyre**

### **LIFE MEMBERS**

FA Rose  
FX Heerey  
Jack Smallhorn  
Joy Grubb  
Pauline Johnson  
Elaine McLeod  
Doreen Frawley  
Pat Allender  
Pam Pollard  
Pat Mickleborough  
Margaret Skeggs  
Kathy Gilbert  
Roslyn Gilbert  
Laura Triffett  
Phyl Wise  
Clive Wise

Max Cherry  
Graeme Cruise  
Robin Hood  
Neil Mickleborough  
Col Mickleborough  
Murray Bird  
Robert Mazey  
Lynne Mazey  
Jo Cherry  
Terry Mahoney  
Chris French  
Gary Bissett  
Frank Kesseling  
Daniel Smee  
Anna Smee  
Symon Bird

Allan Davey  
Mark Lyden  
Michael Scott  
Andrea Marquardt  
Elaine Marquardt  
Andrew Skelly  
Rex Morris  
Paul Taranto  
Jessica Palermo  
Mandy Giblin  
Jarrod Shaw  
Chris Sullivan  
Glenn Turnor  
Troy Bennett  
Paul Dannock

### **2024 - 2025 COMMITTEE MEMBERS**

Daniel Smee – President  
Cameron Cranfield – Vice President  
Alexander Kwa – Treasurer  
Emma Little – Secretary  
Indy Brideson – Committee  
Anna Smee – Committee  
Caleb Gardner – Committee  
Chris Sullivan – Committee  
Jarred Gilroy – Committee  
Jessica Palermo – Committee  
Holly Smee – Committee  
Lachlan Sheen – Committee  
Kristy Pereira – Committee



## **President's Report**

The past year has produced many positives for the Club, highlighted by our first Women's Track and Field Premiership in 30 years. It has been a steady rebuild since 2015/16 when we only had a handful of registered women and struggled to field a single relay team. Our Men's team notched up their 8<sup>th</sup> Premiership in as many years and we comfortably retained the Combined Premiership. Unfortunately, our standings in the Winter Premiership slipped, with our Women's team finishing second behind Northern Suburbs and our Men's team dropping to third. The decline in participation in the Winter Interclub Program is a concern both for our club and for Athletics South – particularly considering the growth in popularity of recreational running as evidenced by the numbers attending Parkruns each week.

Our membership topped 200 for the first time ever in 2024/25, with a record 155 All Year registered athletes. Having worked hard to recruit new members, it was disappointing to see the drop-off in participation after the first couple of rounds of Interclub. This trend was experienced across the board, resulting in small fields and gaps in the program that further exacerbated the problem. Clearly, there is an issue with the product being offered by Athletics South (or the way in which it is being delivered) and it was pleasing to see a survey conducted at the end of the season to determine the factors contributing to the situation.

To support and encourage new members, we once again provided a free competition singlet for new members, subsidised registration for athletes dual registered with Little Athletics (via Athletics Tasmania) and financial assistance to travel to National competitions. We were able to provide weekly recognition to the performances of our members through the support of our excellent sponsors, with our Junior Star Performer awards sponsored by Banjo's Sandy Bay, our Performance of the Week by Bulk Nutrients, State Record Breakers by Bennett's Petroleum, and PB of the Week by the Running Edge. This season we introduced a weekly random draw award for volunteers helping at the jump's pit sponsored by Da Angelo's Ristorante.

Individually, there were many highlights throughout the year, with Violet Owen, Jemima Geappen and Madeleine Sinquin van Santen all breaking State junior records and Izzy King breaking the State T72 100m record. We had 12 athletes represent the State at the National Championships in Perth, with medals won by Violet Owen (2 silver), Will Pereira (silver), Jemima Geappen (silver and bronze), Madeleine Sinquin van Santen (gold), Tene Terblanche (bronze) and Margot Hobday (bronze) all picked up medals at the National Underage Championships. There were numerous Club Records broken throughout the summer season, some of which have stood for over 50 years. Undoubtedly, the individual highlight of the Winter Season was Ruby Smee's silver medal in the Open Women's National Cross Country event at Symmons Plains – the first by a Tasmanian in 18 years.

In acknowledging the success of our athletes, it is equally as important to acknowledge the efforts of their coaches for their time and dedication. Coaches are so important to our sport, and we are lucky to have some of the best guiding our athletes. As in previous years, we provided coaching assistance to the Hutchins School in the leadup to the SATIS carnivals and thanks is extended to all the coaches involved in this initiative. I also take the opportunity to thank everyone who volunteered for the Club, either in setting up courses during the Winter or at the jumps pit in Summer.

As President, I am fortunate to be assisted by a dedicated Committee of wonderful volunteers who have all contributed to building the identity of the Club with a thriving culture of support, professionalism and enjoyment. The work of our co-captains Cameron Cranfield, Jarred Gilroy, Holly Smee and Hannah Sheen played a major role in our success during the summer season, with an emphasis on relay participation that has been a drawcard for athletes to our Club. Holly's contribution in taking high quality photos each week for use on social media and promotional initiatives cannot be underestimated. Indy Brideson took on the role of Records Officer at the start of the season and undertook this task with great diligence, whilst Kristy Pereira was appointed as our Member Protection Officer and worked hard to ensure that we met our obligations with respect to the Child Safe Framework.

During the year, the Committee had to deal with a legal claim arising from an incident that was alleged to have occurred in 1977. This consumed a considerable amount of time, energy and expenditure (as reported in our Financial Statement). The matter remains ongoing, so I shall refrain from commenting further other than to say that it is gut wrenching to have to see the proceeds of hundreds of hours of volunteer fundraising disappear in legal fees. We receive very little income from registration fees and have no capacity to raise funds through bar or kiosk sales and what we have in the bank represents many years of hard work by past and present members undertaking initiatives such as Bunning's BBQ's.

In closing, want to acknowledge those Committee Members who are departing from their positions at our Annual General Meeting. They include Chris Sullivan, who has been on Committee for 20 consecutive years. Chris has been a loyal and humble servant of the Club, who quietly goes about his business with a minimum of fuss. Anna Smee is also leaving after 20 years of service (in two stints of 10 years) to focus on her coaching role. Cam Cranfield is stepping down as Vice President but will remain on Committee, whilst Lachlan Sheen has moved to the mainland for university and understandably, won't be continuing as a committee member. A huge thanks to all four for their contributions to the Club over the years.



Daniel Smee – President

### Treasurer's Report

The club's finances for 2024/25 involved fewer transactions than last year.

This year saw a modest deficit of ~\$4,500 which effectively reversed the surplus of the previous year. This deficit is entirely due to the legal expenses incurred in defending the legal action taken against the Club that is referenced in the President's Report.

Uniform income was less than expenditure which occurs most years and is due to gifting of uniforms to new members. Income from coaching was down because of timing of invoicing and we will likely receive double payments of ~ 2 x \$1500 in the next reporting year.

Travel support was significant, although slightly lower than the previous year. It remains an important initiative that the club provides to help members.

The value of non-current asset values was kept steady this year.

Please support the club with ideas and participation in fundraising.



Alexander Kwa – Treasurer





**Sandy Bay Harrier Club Inc**

**Income & Expenditure Statement**

**For the Year 1 April 2024 to 31 March 2025**

**Income**

AS dinner tickets	\$520.00
Donations	\$159.95
Hyperdrive	\$700.00
Interest	\$3,049.33
JackJumpers Tickets	\$405.00
Quiz Night	\$668.44
Registrations	\$3,860.00
Uniforms	\$2,180.98

**Total Income** **\$ 11,543.70**

**Expenditure**

AS Awards	\$600.00
Coaching payments	\$250.00
Legal	\$6,145.20
Postage	\$45.00
Registration Support	\$786.53
Travel Support	\$1,850.00
Trophies	\$1080.00
Uniforms	\$5,078.25
Website	\$190.25

**Total Expenditure** **\$16,025.23**

**Deficit for Year** **\$4,481.53**



## Sandy Bay Harrier Club Inc Balance Sheet

As at 31 March 2024

<b>ASSETS</b>	<b>\$</b>
<b>Current Assets</b>	
Cheque Account	4,239
Term Deposit	65,246
	<b>\$69,485</b>
<b>Non Current Assets</b>	
Equipment & Furniture – at Committee Valuation	3,000
<b>TOTAL ASSETS</b>	<b>\$72,485</b>
<b>LESS LIABILITIES</b>	
<b>Current Liabilities</b>	
Sundry Creditors	Nil
<b>TOTAL LIABILITIES</b>	<b>\$ Nil</b>
<b>NET ASSETS</b>	<b>\$72,485</b>

### **MEMBERS FUNDS**

Balance brought forward 1/4/23	\$73,966
Add/(Less) Surplus/(Deficit) for Year	\$-4,481
Balance carried forward 31/3/24	<b><u>\$69,485</u></b>

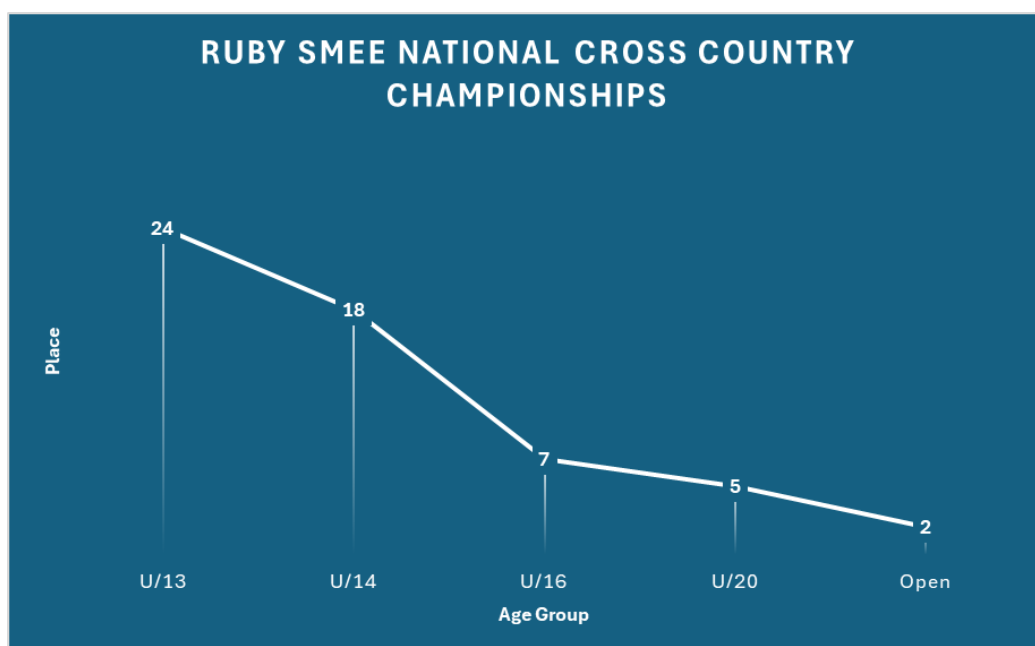


## 2024 Winter Season Report

The highlight of the season was undoubtedly Ruby Smee's 2nd place in the Open Women's 10km National Cross Country Championship at Symmons Plains. This was Tasmania's first individual medal in an Open National Cross Country Championship since Dave Thomas won bronze in 2013 and the first female to medal since our very own Donna McFarlane won silver in 2006.



Some interesting analysis of Ruby's age group ranking over time was provided in the post race socials by the Club President by way of encouraging young runners to persist.





There was a strong Bay presence at the National champs across a range of ages. The photo below shows Grace Hinder being congratulated by her sister Amelie post race.



In terms of the main interclub season, Tim Burt very deservedly took home the Robin Hood Most Improved Athlete Award. We also had age group winners in Anne Pullen, Anna Smee and Sky Bestley Toman.



Thomas Wilson put in a strong performance in the 2024 season and could be seen flexing his way through most races in his SB t-shirt.



Rose Bay was a welcome addition to the cross-country calendar with a strong turn out from the blue and white. The results could have been better had some athletes not gone the wrong way, including the cross-country captain sporting Thomas Wilson race wear.



A big shout out to all the volunteers who make the Winter competition possible. In particular, the Club wishes to say a huge thanks to Chris Sullivan. He has been a member of the Athletics South Winter Committee for many years. Chris turns up every week (often after having done a Parkrun), does his race and then scans barcodes. His Saturday evenings are spent compiling the results and posting to the website.



Emma Little, Cross Country Captain

## **Women's 2024/2025 Track and Field Report**

Holly Smee: As we pack up the tent for another track and field season, I'm filled with gratitude and pride for what we've achieved. The Sandy Bay Harrier Club women brought energy every week and showed up not just to compete, but to support each other and represent our club with spirit. It was so great to see the blue and white represented in the throws more than previously and watching all the hurdles girls in sync down the straight.



It's almost impossible to re-cap the countless club records that fall week after week, highlighting that our athletes are possibly the strongest they've ever been. A special shout-out to Violet Owen who set new U16/U17 state records and world junior qualifying times at national champs. This club is made up of people who give back, show up, support, and shine on the big stage. You all make the club what it is—welcoming, empowering, and filled with fun. Congratulations on a phenomenal year, capped by the taking Combined Premiership and Women's Premiership. The future of Sandy Bay Harrier Club is exciting and full of possibilities.





Hannah Sheen: It has been a pleasure to step up to the role of the Women's co-captain for the 2024/25 season alongside Holly Smee. Throughout the season, we have been able to support the rapidly growing number of female participants as they repped the blue and white for Sandy Bay. Each week, SBHC spirit was exhibited on the track and the field, and by everyone who generously volunteered their time at the jumps pit.



From the beginning of the season, our club had a strong sense of unity and an engaging atmosphere, where participation took the front stage. At the tent, there were always people up for a chat, others writing down their latest PBs, signing up for the relays or having a snack (mostly lollies, but occasionally fruit). There would constantly be groups of Sandy Bay girls warming up around the track, and cheering on everyone in the blue and white. This season has been jam-packed with records, personal bests, participation and encouragement, and it has been a pleasure to be surrounded by such spirited and supportive people at the track each week.



A new member to the Bay, Pia Abberton, was a star on the track this season, participating in events from the 800m to the 5000m. Despite a three-month exchange in France, Pia returned at the start of 2025 in prime form, taking home the win in the 5000m for the final interclub for the season. It is exciting to see what Pia has in store for this year's cross-country season and future track events.



The end of the season was an exciting time for now retired club captain, Pamela Siggins, who set new PBs in both the 100m and 200m at the conclusion of the track season in times of 14.35 and 28.95 respectively, showing Pam's continual commitment and dedication after many years in the sport. Margot Hobday also had an impressive season, continually setting new PBs and club records in the array of events she participates in, and frequently topping the women's points tally for Sandy Bay.





Other notable performances throughout this season included Violet Owen taking out the Mandy McIntyre sponsored Women's mile, breaking her own State and Club records with a time of 4:52.65. Jemima Geappen breaking the Women's Club Open 60m record in a time of 7.92 seconds, and having various other stellar performances in the jumps this season. As well as Madeleine Siquin van Santen breaking the State U/13 Girls High Jump record with a clearance of 1.62m, which was also a Club U/14 record, beating the mark of 1.56m set by Skye Edwards in 1984.



Overall, it has been a privilege to be able to represent SBHC up at the track this season alongside all of the other athletes who have flown the blue and white high for the Bay. It is astonishing to see how much we have grown as a club over the past 4 seasons that I have been a part of Sandy Bay, and I am super excited for all that is in store for our athletes in seasons to come. I would like to thank Holly for all of her help and everything that goes unnoticed, and I think we made the power team at getting so many female relay teams entered each week.



Holly Smee and Hannah Sheen – Women's Track and Field Co-Captains

## **Men's 2024/25 Track and Field Report**

Well, well, well! Here we are again, another season of running, jumping, and throwing under our belts. I must say, it's an absolute honour (and a bit terrifying) to once again co-captain with Cam as the men's captain of the Sandy Bay Harrier Club. It's like being handed the keys to a Ferrari—exciting, but you better not crash it! I'm proud to wear the captaincy badge for this incredible club.



I'd like to give a shoutout to show how grateful I am for our fantastic leadership team. Holly, and trusty co-captain Hannah have kept things running smoothly on the women's side and leaving us boys in their dust. It's a dynamic duo that has laid down some solid foundations for the future, and who knows, maybe we've sparked a long period of dominance for our women at the club!



Reflecting on this season, it's hard not to get nostalgic again. Remembering when we clinched the men's premiership for the first time in years back in 2017? That victory was like a shot of espresso for the club, waking us up from a long slumber. Fast forward to now, and winning is just what we do! This season, the Sandy Bay men have once again shown their prowess, securing our eight consecutive Men's Premiership.



But wait, there's more! Our combined efforts with the women's team have led us to victory over Eastern Suburbs, claiming the coveted combined Athletics South Premiership. Together, we amassed a jaw-dropping 20,848 just falling short of our 22,458 points from last season which was our best score in seven years and a record-breaking feat in Athletics South history! A huge shoutout to Jackson Mellor, our highest male point scorer, who has been a point-scoring machine since joining us from UTAS, along with our stellar crew of Sandy Bay men who consistently brought their A-game.



As always, our club was well represented at the state championship events. There are too many outstanding performances to list here, but I want to extend my heartfelt congratulations to all members for donning the blue and white this year. Watching you all compete on such grand stages fills me with pride and motivates me to keep striving for greatness.



However, it wasn't all sunshine and rainbows which leads me to talk relays. This season, we saw a mixed bag in our relay performances, and it's clear that we need to address a few key issues. Firstly, Athletics Tasmania should seriously consider revisiting the schedule for championship relay events. A dedicated relay championships weekend could really elevate the competition and allow teams to showcase their skills without the constraints of overlapping schedules. However, as a club, we also need to step up our game. We have an abundance of talent within our ranks, and it's vital that we make ourselves available to represent Sandy Bay. It's time to move beyond relying on the same few athletes for relays and ensure that everyone has the opportunity to contribute. With our collective strength, our relay performances should reflect the true potential of this club!



Lastly, a massive thank you to our club committee for trusting me with this captaincy. We have a proactive and engaged team that continues to strengthen our position in Athletics South and Athletics Tasmania. Every single member of our club wears the blue and white with pride, and it gives me immense joy to be part of the success we're building together. Congratulations, to the whole team, on another wildly successful year! Let's keep the momentum going into the next season.



Jarred Gilroy – Men's Track and Field Co-Captain

### **Interclub Points 2024/25 – Women**

<b>Athlete</b>	<b>Points</b>	<b>Rounds</b>
Margot Hobday	659	13
Madeleine Siquin van Santen	492	8
Evie Essex	349	13
Elise Baniowski	329	10
Luca Murgatroyd	313	7
Amy Wiggins	311	9
Ashlin Hagan	295	9
Neve Hagan	286	10
Anna Smee	268	13
Georgia Stark	261	9
Rosie Arnold	259	6
Claudia Day	232	9
Mia George	229	7
Tene Terblanche	222	10
Asha Murgatroyd	210	6
Pia Abberton	200	6
Rose McMahon Jones	200	7
Bonnie McMahon Jones	197	9
Sarah Day	195	9
Ava Grierson	194	6
Sky Bestley Toman	193	9
Lucy Meikle	191	9
Pamela Siggins	188	7
Lucette Crombie	188	7
Ella Sharpen	186	5
Hannah Sheen	185	11
Emma Little	178	10
Libby Crispin	174	8
Holly George	166	7
Anna McCallum	165	8
Miranda Gillie	160	5
Georgia Scharvi	160	7
Daisy Bennett	160	7
Victoria Woodham	144	8
Bethany Scharvi	142	8
Jemima Geappen	140	6
Ava Lindquist	132	7
Kristy Pereira	128	6
Breeze Downey	126	5
Indy Brideson	116	4
Violet Bennett	114	5



Jessica Palermo	112	5
Selina Crispin	112	8
Olivia Gillie	99	7
Violet Owen	96	5
Maddy Delaney	94	6
Evie Bingham	80	4
Jasmine Taylor	72	4
Annie Pullen	68	3
Grace Hinder	68	3
Violet Geappen	64	5
Holly Smee	58	5
Riley Bain	51	3
Izzy King	45	9
Ruby Smee	44	2
Jess Lyndon	35	2
Ava McMahon Jones	34	2
Madeline Marshall	32	2
Sally Miller	30	3
Amelie Hinder	24	3
Felicity Kirkham	20	2
Isla Bennett	19	1
Eliza Colman	19	1
Mei Eddington	10	2

## **Club 400m Handicaps**

The Club 400m handicaps were held at the end of Athletics South's Reunion Day, with good fields for both the men's and women's races. Cam Cranfield once again took on the unenviable task of handicapper and achieved a close finish in both events. In the Laura Triffett Memorial for women, Ava Lindquist etched her name on the trophy for the first time after moving through the field and hitting the lead in the home straight. In the men's race, Jarred Gilroy found himself in familiar territory as the backmarker and rose to the occasion to record back to back wins. This was his third Bill Dunn Memorial title, a record shared only with the late Neil Mickleborough.



### Interclub Points 2024/25 - Men

<b>Athlete</b>	<b>Points</b>	<b>Rounds</b>
Jackson Mellor	500	12
Patrick Lyden	430	9
Jarred Gilroy	377	9
Christopher Sullivan	370	10
Cameron Mann	336	9
Maddox Day	330	10
Oliver Nogajski	329	11
Liam Smith	322	7
Jasper Mason	304	6
Max Garwood	299	11
Jimmy Marsh	288	9
Oliver Morgan	283	8
Jake Burt	250	10
Mark Viviers	230	7
Daniel Smee	221	12
Tom Gartlan	211	7
William Harding	209	9
Lachlan Krelle	200	9
John Howe	189	6
Adrian Pereira	185	5
Ben Stevenson	184	6
Elod May	180	6
Conor Moy	173	6
James Barling	172	6
Dominic Pereira	168	6
William Taranto	166	10
Mark Lyden	160	6
Billy Banks-Smith	160	6
Zachary Pereira	158	6
William Pereira	157	7
Jack Akl	156	5
Bejai Cobbing	150	5
Tommy Bennett	149	5
Douglas Poskitt	147	9
Nicholas Chivers	142	6
Jasper Delaney	137	7
Jinwoo Martin	135	7
Tyson Hartill	134	4
Duncan Hobday	134	8
Jude Pamplin	134	5

Lachlan Sheen	119	6
River Howe	118	5
Sam Leary	115	6
Dean Eddington	115	4
Alex Humphrey	110	7
Luca Redwig	96	3
Ryan Day	96	5
Sam Essex	83	4
Oliver Elrick	80	3
Cameron Cranfield	78	4
Mathew Styles	75	5
James Moy	63	3
Fraser Conry	60	4
James Kirkham	59	1
Luis Cordero-Monks	47	2
Caleb Gardner	42	3
Oliver Thiessen	35	2
Sid Perrett	29	2
Henry Nuttall	29	2
John Galligan	28	2
Willis Macdonald	26	1
Jagga Pybus	20	1
Aidan Connell	14	1
Thomas Dillon	14	1
Matthew Leary	10	2
Oliver Bannister	5	1



### Sponsor Award Winners 2024/25

Round	Bulk Nutrients POW	Banjios Star Performer	Steigen PB Award	Da Angelo's Volunteer
1	Jackson Mellor	Jasmine Taylor	Sam Leary	Tim Burt
2	Lachlan Sheen	Margot Hobday	Liam Smith	Duncan Hobday
3	Tene Terblanche	Victoria Woodham	Sarah Day	Dom Pereira
4	Holly George	Mark Viviers	Bethany Scharvi	Natalia Arnold
5	Oliver Elrick	Luca Murgatroyd	Amy Wiggins	Paula Delaney
6	Victoria Woodham	Jinwoo Martin	Jasper Delaney	Rachel Young
7	Amy Wiggins	Madeleine Siquin van Santen	Mia George	Lynne Lyden
8	Jemima Geappen	Ava Lindquist	Libby Crispin	Nadine Wiggins
9	Madeleine Siquin van Santen	Tom Gartlan	Evie Essex	Emma Little
10	Jasper Mason	Doug Poskitt	Ella Sharpen	Jim Morgan
11	Oliver Nogajski	Liam Smith	Margot Hobday	Brandon Clark
12	Jagga Pybus	Violet Owen	Pam Siggins	Anna Smee
13	Pia Abberton	Max Garwood	Violet Geappen	Maretta Mason



## **Award Winners 2024/25**

### **Cross Country:**

U/15 Men – Jake Burt  
U/15 Women – Sky Bestley Toman  
U/20 Men – Will Taranto  
U/20 Women – Maddy Delaney  
Open Men (Mazey Shield) – Thomas Wilson  
Open Women – Holly Smee  
O/40 Men (Colin Oliver Memorial) – Chris Sullivan  
O/40 Women (Graham Fennell Memorial) – Anne Pullen

### **Track & Field:**

U/14 Women – Margot Hobday  
U/14 Men – Jake Burt  
U/16 Women – Tene Terblanche  
U/16 Men – Max Garwood  
U/18 Women – Neve Hagan  
U/18 Men – Oliver Morgan  
U/20 Women – Amy Wiggins  
U/20 Men (John Pool Shield) – Oliver Nogajski  
Open Women (Froggy Wise Memorial) – Elise Baniowski  
Open Men (Rex Morris Memorial) – Jackson Mellor  
O/40 Women – Anna Smee  
O/40 Men – Will Harding  
U/18 Men Points/Consistency (John Pool Cup) – Maddox Day  
U/18 Women Points/Consistency – Evie Essex  
Open Men Points/Consistency (Smallhorn Cup) – Jackson Mellor  
Open Women Points/Consistency (Langdon Trophy) – Margot Hobday  
Bill Dunn Memorial 400m Handicap – Jarred Gilroy  
Laura Triffett Memorial 400m Handicap – Ava Lindquist

### **Special Awards:**

Richard Fay Underage Emerging Sprinters Award – Jinwoo Martin  
Bill Chandler Memorial (most outstanding OOS performance) – Ruby Smee (National Cross Country Open Women's Silver Medal)  
Laura Triffett Perpetual (most outstanding individual performance by a female athlete) – Ruby Smee (National Cross Country Open Women's Silver Medal)  
Old Timers Trophy (most outstanding individual performance by a male athlete) – John Howe (State Open 100m)  
Max Cherry Cup (Most Consistent/Improved in winter season) – Tim Burt  
Female Athlete of the Year – Violet Owen  
Male Athlete of the Year – Jackson Mellor  
Best Club Member – Hannah Sheen  
Women's Track and Field Captain's Award – Ava Lindquist  
Men's Track and Field Captain's Award – Liam Smith, Jimmy Marsh



**SBHC Club Record Breakers in 2024/2025**

<b>Athlete</b>	<b>Age Group</b>	<b>Event</b>	<b>Performance</b>	<b>Date</b>
<b>Margot Hobday</b>	U/14G	80m Hurdles	13.44	19/10/2024
<b>Margot Hobday</b>	U/14G	200m Hurdles	33.26	24/10/2024
<b>Lucette Crombie, Mia George, Madeleine SvS, Margot Hobday</b>	U/14G	4x400m Relay	4:42.46	24/20/2024
<b>Tene Terblanche</b>	U/16G	90m Hurdles	13.98	9/11/2024
<b>Elod May, Dominic Pereira, River Howe, Jake Burt</b>	U/14B	4x200m Relay	1:55.02	9/11/2024
<b>Margot Hobday</b>	U/14G	200m Hurdles	32.81	16/11/2024
<b>Lucette Crombie, Mia George, Madeleine SvS, Holly George</b>	U/14G	4x400m Relay	4:34.54	16/11/2024
<b>Mia George, Madeleine SvS, Margot Hobday, Ashlin Hagan</b>	U/14G, 16G	4x100m Relay	55.83	23/11/2024
<b>Luca Murgatroyd</b>	U/16G	Shot Put	11.90	23/11/2024
<b>Jake Burt</b>	U/14B	1500m	4:24.01	28/11/2024
<b>Victoria Woodham</b>	U/14G	1000m	3:08.50	29/11/2024
<b>Violet Owen</b>	U/16G	800m	2:11.83	6/12/2024

<b>Jagga Pybus</b>	Open Men	60m	6.83	6/12/2024
<b>Margot Hobday</b>	U/14G	200m Hurdles	32.05	4/01/2025
<b>Jemima Geappen</b>	U/16G, 18G	Long Jump	5.75m	4/01/2025
<b>Luca Murgatroyd</b>	U/16G	Shot Put 3kg	12.16m	4/01/2025
<b>Oliver Elrick</b>	Open Men	60m	6.77	4/01/2025
<b>Violet Owen</b>	U/16G	800m	2:11.32	10/01/2025
<b>Oliver Elrick</b>	Open Men	60m	6.76	11/01/2025
<b>Margot Hobday</b>	U/14G	80m Hurdles	13.35	12/01/2025
<b>Margot Hobday Ashlin Hagan Lucette Crombie Madeleine SvS</b>	U/14G	4x200m Relay	2:04.00	12/01/2025
<b>Madeleine Siquin van Santen</b>	U/14G	High Jump	1.62m	12/01/2025
<b>Luca Murgatroyd</b>	U/16G	Shot Put 3kg	12.31m	12/01/2025
<b>Luca Murgatroyd</b>	U/18G	Heptathlon	3917pts	19/01/2025
<b>Margot Hobday</b>	U/16G	Heptathlon	3101pts	19/01/2025
<b>Jemima Geappen</b>	U/16G, 18G, 20G, Open Women	60m	7.92	18/01/2025
<b>Jimmy Marsh, Holly George, William Pereira, Ava Lindquist</b>	U/18 Mixed	4x400m Relay Mixed	3:54.60	18/01/2025

<b>Jake Burt</b>	U/14B	1 Mile	4:57.12	18/01/2025
<b>Victoria Woodham</b>	U/14G	1 Mile	5:23.88	18/01/2025
<b>Jemima Geappen</b>	U/16G, 18G	Long Jump	5.82m	27/01/2025
<b>Douglas Poskitt</b>	U/14B	2000m Steeplechase 76.2cm	6:52.24	1/02/2025
<b>Margot Hobday</b>	U/14G, 16G	200m Hurdles	31.57	1/02/2025
<b>Violet Owen</b>	U/16G, 18G	1 Mile	4:52.65	8/02/2025
<b>Violet Owen</b>	U/16G, 18G, 20G	800m	2:10.38	22/02/2025
<b>TeneTene Terblanche</b>	U/16G	90m Hurdles	13.56	1/03/2025
<b>Jemima Geappen</b>	U/16G	100m	12.22 (and 12.29 in heats)	8/03/2025
<b>Ava Lindquist</b>	U/14G	400m	59.82	9/03/2025
<b>Douglas Poskitt</b>	U/14B	2000m Steeplechase 76.2cm	6:50.06	9/03/2025
<b>Madeleine Siquin van Santen</b>	U/14G	High Jump	1.63m	15/03/2025
<b>Violet Owen</b>	U/16G, 18G, 20G	800m	2:07.46	5/04/2025
<b>Douglas Poskitt</b>	U/14B	2000m Steeplechase 76.2cm	6:40.04	5/04/2025
<b>Margot Hobday</b>	U/14G, 16G	200m Hurdles	31.29	6/04/2025
<b>Violet Owen</b>	U16G, 18G	1500m	4:26.86	7/04/2025

## SBHC RECORDS

<b>Senior Men</b>			
60 Metres	Oliver Elrick	6.77	4/01/2025
100 Metres	Jagga Pybus	10.40	21/12/2022
200 Metres	Jagga Pybus	21.10	21/01/2022
300 Metres	Lewis Powell	34.78	29/01/2002
400 Metres	Tristan Thomas	45.86	20/01/2009
600 Metres	Ben Covington	1:23.4	29/01/2013
800 Metres	Ryan Foster	1:46.8	12/06/2009
1000 Metres	Ryan Foster	2:19.6	16/01/2010
1500 Metres	Ryan Foster	3:39.6	7/01/2011
1 Mile	Ryan Foster	3:58.5	29/01/2011
2000 Metres	Daniel Smee	5:36.9	3/11/1990
3000 Metres	Randal Markey	8:02.2	7/02/1976
5000 Metres	Kent Rayner	13:55.2	18/03/1976
10000 Metres	Dave Chettle	28:19.0	15/12/1977
30000 Metres	Peter McKenna	3:27.35	31/7/2016
1 Hour Run	Kent Rayner	19.503 km	14/10/1978
Half Marathon	Dejen Gebreselassie	1:02.37	06/10/2018
Marathon	David Chettle	2:10:20	7/12/1975
1500m Walk	Greg Robertson	05:32.0	4/01/1989
3000m Walk	Greg Robertson	11:51.0	19/01/1991
5000m Walk	Greg Robertson	20:41.4	23/02/1991
10000m Walk	Greg Robertson	42:45.5	9/02/1991
20000m Walk	Rohan Best	1:29.22	4/08/1990
110m Hurdles (106.7)	Noel Gray	15.0	20/2/1965
400m Hurdles (91.4)	Tristan Thomas	48.68	9/05/2009
3000m Steeplechase (91.4)	Paul Garrott	9:04.14	27/01/1992
High Jump	Anthony Baker	2.06m	09/01/1982
Triple Jump	Mark Dick	15.37m	11/1/1997
Long Jump	Moses Khasif	7.22m	7/12/2019
Pole Vault	Andreas Kreiss	4.70m	27/03/2022
Shot Put (7.26kg)	Gavin Ryland	14.64m	5/03/1994
Discus (2kg)	Lyndon Best	46.22m	13/01/1990
Hammer (7.26kg)	Dave Huxley	72.12m	7/02/1988
Javelin (800g)	William Hamlyn-Harris	71.52m	29/07/2000
Decathlon	Jeremy Rae	6479 pts	3/4-4-1999
Pentathlon	Geoff Gibbons	2938 pts	24/04/2011
4 x 100m Relay	Oliver Elrick, Max Brideson, Lachlan Krelle, Jagga Pybus	41.58	15/03/2024
4 x 200m Relay	Jarred Gilroy, Jagga Pybus, Max Brideson, Oliver Elrick	1:28.38	5/02/2022
4 x 400m Relay	Murray Bird, Rick Annells, A Patmore, Cam Hickman	03:19.9	10/02/1968
4 x 800m Relay	Frank Kesseling, Paul Upchurch, Peter Brasher, Robert Thompson	07:57.8	11/03/1978
Mixed 4 x 400m Relay	Lilly Ellis, Jess Lynden, Jagga Pybus, Jarred Gilroy	3:40.37	5/02/2022

<b>U/20 Men</b>			
60 Metres	Jagga Pybus	7.07	09/01/2021
	Oliver Elrick	7.07	2/12/2022
100 Metres	Troy Bennett	10.74	17/1/1988
200 Metres	Troy Bennett	21.57	28/3/1987
300 Metres	Lewis Powell	34.78	29/01/2002
400 Metres	Tristan Thomas	47.06	4/12/2004
600 Metres	Ben Covington	1:23.4	29/01/2013
800 Metres	Rick Annells	1:50.8	17/12/1966
	Randal Markey	1:50.8	15/12/1973
1000 Metres	Alexander Kwa	2:31.01	4/02/2022
1500 Metres	Randal Markey	3:40.6	30/03/1974
1 Mile	Randal Markey	4:00.8	18/12/1974
2000 Metres	Daniel Smee	5:36.9	3/11/1990
3000 Metres	Randal Markey	8:18.8	1/12/1973
5000 Metres	Randal Markey	14:34.4	10/11/1973
10000 Metres	Randal Markey	30:34.4	13/02/1974
1 Hour Run	Paul Garrott	15.714 km	3/10/1981
1500m Walk	Greg Robertson	05:32.0	4/01/1989
3000m Walk	Rohan Best	12:03.0	2/02/1992
5000m Walk	Rohan Best	20:51.2	6/01/1991
10000m Walk	Rohan Best	43:40.3	1/07/1990
110m Hurdles (99.1)	Matthew Rickards	14.70	12/12/2003
400m Hurdles (91.4)	Tristan Thomas	49.88	21/03/2006
3000m Steeplechase (91.4)	Alexander Kwa	9:06.85	28/03/2022
High Jump	Anthony Baker	2.06m	9/01/1982
Triple Jump	Josh Hwaba	14.39m	25/02/2023
Long Jump	Moses Khasif	7.22m	7/12/2019
Pole Vault	Andreas Kreiss	4.70m	27/03/2022
Shot Put (7.26kg)	Lyndon Best	13.95m	1/01/1990
Discus (2kg)	Lyndon Best	46.22m	13/01/1989
Hammer (7.26kg)	Dave Huxley	50.42m	27/02/1977
Javelin (800g new)	Gavin Ryland	60.46m	17/10/1994
Javelin (800g old)	Andrew Edwards	58.75m	27/11/1976
Decathlon	Sean Broadby	6313 pts	1/2-2-2003
4 x 100m Relay	Sean Broadby, Matt Rickards, Sam Laughlin, Lewis Powell	43.14	1/02/2003
4 x 200m Relay	Sean Broadby, Matt Rickards, Sam Laughlin, Lewis Powell	01:30.0	30/11/2002
4 x 400m Relay	Shaun King, Sam Laughlin, Alex Piekutowski, Lewis Powell	03:22.7	9/03/2002
4 x 800m Relay	John McMurray, Chris Hey, Barry Drew, Terry Moore	08:19.8	12/01/1977



<b>U/18 Men</b>			
60 Metres	Lewis Powell	7.18	10/03/2001
100 Metres	Jagga Pybus	10.74	22/12/2018
200 Metres	David Ashcroft	21.5	10/12/1983
300 Metres	Max Brideson	36.86	09/01/2021
400 Metres	Russell Taib	47.57	14/03/2015
800 Metres	Ryan Foster	1:50.4	4/03/2006
1000 Metres	Alexander Kwa	2:31.01	4/02/2022
1500 Metres	Randal Markey	3:51.1	20/02/1972
1 Mile	Gary Bissett	4:20.5	7/12/1980
2000 Metres	Peter Kay	5:49.7	26/01/1991
3000 Metres	Gary Bissett	8:28.6	11/01/1981
5000 Metres	Gary Bissett	14:42.5	7/03/1981
10000 Metres	Allan Bennett	31:52.4	17/12/1969
1 Hour Run	Paul Garrott	15.714 km	3/10/1981
1500m Walk	Rohan Best	5:55.0	4/01/1990
3000m Walk	Rohan Best	12:03.0	19/01/1991
5000m Walk	Rohan Best	20:51.2	6/01/1991
10000m Walk	Rohan Best	43:40.3	1/07/1990
110m Hurdles (91.4)	Tristan Thomas	14.21	12/12/2003
300m Hurdles (84)	Patrick Lyden	42.93	21/02/2004
400m Hurdles (84)	Paul Aiken	55.5	19/11/1988
2000m Steeplechase (84cm)	Alexander Kwa	5:55.38	5/03/2022
3000m Steeplechase (91.4)	Alexander Kwa	9:06.85	28/03/2022
High Jump	Anthony Baker	2.06m	09/01/1982
Triple Jump	Josh Hwaba	14.25m	21/03/2021
Long Jump	Moses Khasif	7.22m	7/12/2019
Pole Vault	Andreas Kreiss	4.21m	5/12/2021
Shot Put (5kg)	Gavin Ryland	17.03m	21-13-1993
Discus (1.5kg)	Lyndon Best	49.32m	8/10/1988
Hammer (5kg)	Matthew Cooper	50.21m	10/02/1990
Javelin (700g old)	William Oakford	53.90m	18/12/1976
Javelin (700g new)	Gavin Ryland	67.96m	22/02/1992
Decathlon	Anthony Baker	5713 pts	10/11-12-1982
Pentathlon	William Oakford	2642 pts	6/8-2-1977
4 x 100m Relay	Troy Bennett, Glenn Turnor, Paul Aiken, Carl Brazendale	43.9	8/11/1986
4 x 200m Relay	Tommy Bennett, Liam Dawson, Nicholas Chivers, Addison Rowley	01:34.59	5/02/2023
4 x 400m Relay	Mark Nichols, Scott Kelly, Tom Bills, Symon Bird	03:30.6	26/02/1994
4 x 800m Relay	John McMurray, Chris Hey, Barry Drew, Terry Moore	08:19.8	12/01/1977
Mixed 4 x 400m Relay	Jimmy Marsh, Will Pereira, Holly George, Ava Lindquist	3:54.60	18/01/2025

<b>U/16 Men</b>			
60 Metres	Russell Taib	7.26	6/11/2013
100 Metres	Troy Bennett	11.1	17/11/1985
	Simon Bresnehan	11.1	1/12/1990
200 Metres	Max Waldron	22.24	13/03/2010
300 Metres	Alex Smart	39.33	9/01/2021
400 Metres	Max Waldron	49.07	10/12/2009
800 Metres	Aaron Hogan	1:56.5	24/03/1996
1000 Metres	Will Pereira	2:41.73	24/01/2024
1500 Metres	Rowan Simpson	4:04.0	22/10/1994
1 Mile	William Pereira	4:29.28	25/02/2024
3000 Metres	William Pereira	8:49.74	9/12/2023
5000 Metres	Gary Bissett	15:51.6	23/01/1978
1 Hour Run	Paul Garrott	15.714 km	3/10/1981
1500m Walk	Matthew Robertson	6:14.2	10/02/1990
3000m Walk	Matthew Robertson	13:32.2	7/10/1989
5000m Walk	Rohan Best	23:28.6	19/11/1988
10000m Walk	Matthew Robertson	49:26.1	24/02/1990
100m Hurdles (84.0)	Nick Chivers	13.75	26/11/2023
200m Hurdles (76.2)	Patrick Kearney	29.38	13/03/2014
2000m Steeplechase (76.2)	William Pereira	5:55.98	17/04/2024
High Jump	Brendon Cooper	1.93m	6/01/1987
Triple Jump	Warren Smith	13.89m	29/11/1975
Long Jump	Max Brideson	6.83m	21/12/2019
Pole Vault	Andrew Knott	2.80m	18/02/1988
Shot Put (4kg)	Gavin Ryland	15.82m	19/10/1991
Discus (1kg)	Lyndon Best	55.26m	25/10/1986
Hammer (4kg)	Simon Nichols	56.48m	5/02/1994
Javelin (700g)	Ryan Bruens	61.12m	12/11/1994
Decathlon	Lyndon Best	4792 pts	2/02/1986
Pentathlon	Ryan Foster	3288 pts	10/11-1-2004
4 x 100m Relay	George McLeod Jacob Vanderkroef Josh Hwaba Max Brideson	46.67	10/11/2018
4 x 200m Relay	George McLeod Jacob Vanderkroef Josh Hwaba Max Brideson	01:36.84	17/11/2018
4 x 400m Relay	Troy Bennett Damien Taplin Paul Taranto Braddon Voss	03:35.1	4/03/1984
4 x 800m Relay	John McMurray, Chris Hey, Barry Drew, Terry Moore	08:19.8	12/01/1977

<b>U/14 Men</b>			
60 Metres	Tom Gartlan	7.71	10/02/2024
100 Metres	Harrison McLeod	11.80	24/10/2019
200 Metres	Harrison McLeod	23.98	2/11/2019
400 Metres	Sam Keenan	54.09	10/12/2004
800 Metres	Sam Keenan	1:56.6	11/12/2004
1000 Metres	Jimmy Marsh	3:01.73	23/03/2024
1500 Metres	Jake Burt	4:24.02	28/11/2024
Mile	Jake Burt	4:57.12	18/01/2025
3000 Metres	Alexander Kwa	9.52.00	10/02/2018
5000 Metres	Alexander Kwa	17.41.18	16/12/2017
1 Hour Run	Paul Garrott	15.741 km	3/10/1981
1500m Walk	Greg Robertson	6:56.3	3/12/1983
3000m Walk	Greg Robertson	14.46.70	19/11/1983
5000m Walk	Greg Robertson	24.44.90	16/11/1983
90m Hurdles (72.6)	Olly Mills	13.84	15/02/1997
200m Hurdles (72.6)			
2000m Steeplechase (76.2)	Douglas Poskitt	6:40.04	5/04/2025
High Jump	Olly Mills	1.65m	16/11/1996
Triple Jump	Tom Collier	12.58m	5/12/2002
Long Jump	Harrison McLeod	5.78m	7/12/2019
Pole Vault	Andrew Knott	2.30m	1/03/1987
Shot Put (3kg)	S Blackburn	14.16m	3/12/1995
Discus (1kg)	Scott Kelly	40.78m	7/12/1991
Hammer (3kg)	Dean Eddington	29.22m	10/03/1991
Javelin (600g)	Ryan Bruens	44.56m	22/02/1992
Pentathlon			
4 x 100m Relay	Chris Bresnehan	51.5	16/03/1991
	Dean Eddington		
	Mark Nichols		
	Travis Watkins		
4 x 200m Relay	Elod May	1:55.02	9/11/2024
	Dominic Pereira		
	River Howe		
	Jake Burt		
4 x 400m Relay	Jasper Delaney	4:24.17	25/02/2024
	Jake Burt		
	Jude Pamplin		
	Duncan Hobday		

<b>Senior Women</b>			
60 Metres	Jemima Geappen	7.92	18/02/2025
100 Metres	Elaine Frawley	11.6	30/01/1971
200 Metres	Elaine Frawley	23.9	12/03/1967
300 Metres	Jessica Lyndon	42.14	09/01/2021
400 Metres	Kirrilee Buonaccorsi	54.36	8/02/1997
800 Metres	Donna MacFarlane	2:06.39	5/03/2006
1000 Metres	Donna MacFarlane	2:45.68	11/02/2008
1500 Metres	Donna MacFarlane	4:10.4	25/02/2007
1 Mile	Donna MacFarlane	4:33.5	2/03/2007
3000 Metres	Donna MacFarlane	8:50.7	9/03/2006
5000 Metres	Ruby Smee	15:36.04	11/02/2022
10000 Metres	Ruby Smee	32:30.60	31/03/2023
20000 Metres	Trudy Fenton	1:17:23.0	18/03/1986
Half Marathon	Hanny Allston	1.15.03	11/09/2009
Marathon	Hanny Allston	2:40:34.0	7/10/2007
1500m Walk	Kelly Excell	7:02.0	12/03/1996
3000m Walk	Kelly Excell	14:29.23	28/03/1998
5000m Walk	Kelly Excell	25:05.05	21/02/1998
10000m Walk	Kelly Excell	53.10.39	06/11/1999
100m Hurdles (84)	Kathy Gilbert	15.8	5/02/1977
400m Hurdles (76.2)	Ange Cooper	61.53	17/02/1996
2000m Steeplechase (76.2)	Donna MacFarlane	6:20.06	02/02/2008
3000m Steeplechase (76.2)	Donna MacFarlane	09:18.4	15/08/2008
High Jump	Abigail Rothery	1.75m	10/05/2015
Triple Jump	Kelly Hill	12.66m	18/03/1999
Long Jump	Abigail Rothery	5.83m	13/12/2014
Pole Vault	Jessica Lyden	3.25m	2/03/2002
Shot Put (4kg)	Jennifer Gordon	13.44m	29/01/1977
Discus (1kg)	Yvonne Buckley	38.30m	18/02/1968
Hammer (4kg)	Lisa Kirsch	44.78m	30/11/2002
Javelin (600g)	Jennifer Gordon	38.18m	6/03/1976
Decathlon	Jessica Lyden	4982pts	10/01/2004
Heptathlon	Abigail Rothery	4120pts	31-1/04/2016
4 x 100 Metres	Charlotte Crawford Violet Bennett Penelope Geappen Nell Terry	51.79	5/11/2022
4 x 200 Metres	Lauren Wells, Emily Bell, Chloe Merry, Jessica Lyden	01:49.9	11/11/2000
4 x 400 Metres	Jessica Lyndon, Caitlin Richardson, Anneliese Hunt, Kim Dutkowski	04:11.4	05/03/2006
4 x 800m	Anna Smee, Mandy McIntyre, Anne Pullen, Jane Sargison	10:55.20	05/02/2022
Mixed 4 x 400m relay	Lilly Ellis, Jess Lynden, Jagga Pybus, Jarred Gilroy	3:40.37	05/02/2022

<b>U/20 Women</b>			
60 Metres	Jemima Geappen	7.92	18/01/2025
100 Metres	Anne Egan	12.0	1/02/1974
	Susan Hooper	12.0	1/03/1980
200 Metres	Monica Biro	24.4	14/12/1971
300 Metres	Isabella Farid	45.87	09/01/2021
400 Metres	Anne Egan	56.5	9/02/1974
800 Metres	Violet Owen	2:07.46	5/04/2025
1000 Metres	Violet Owen	2:54.05	24/01/2024
1500 Metres	Ruby Smee	4:25.31	17/10/2020
1 Mile	Ruby Smee	4:45.25	28/11/2020
3000 Metres	Ruby Smee	9:18.42	10/10/2020
5000 Metres	Ruby Smee	16:16.89	31/10/2020
10000 Metres	Andrea Marquardt	38:52.2	25/01/1990
1500m Walk	Kelly Excell	7:02.0	12/03/1996
3000m Walk	Kelly Excell	14:48.0	15/03/1997
5000m Walk	Kelly Excell	25:46.2	8/02/1997
10000m Walk	Kelly Excell	53.10.39	06/11/1999
100m Hurdles (84)	Kathy Gilbert	15.6	5/02/1977
400m Hurdles (76.2)	Ange Cooper	61.53	17/02/1996
2000m Steeplechase (76.2)	Isabella Thomson	7:04.1	27/02/2005
High Jump	Abigail Rothery	1.70m	11/10/2014
Triple Jump	Julie Munro	11.47m	5/03/1994
Long Jump	Abigail Rothery	5.83m	13/12/2014
Pole Vault	Jessica Lyden	3.25m	2/03/2002
Shot Put (4kg)	Jennifer Gordon	12.80m	8/03/1976
Discus (1kg)	Yvonne Buckley	36.30m	8/02/1968
Javelin (600g)	Jennifer Gordon	38.18m	6/03/1976
Hammer (4kg)			
Decathlon	Jessica Lyden	4518 pts	1/2-02-2003
Heptathlon			
Pentathlon			
4 x 100 Metres	Charlotte Crawford	51.79	5/11/2022
	Violet Bennett		
	Penelope Geappen		
	Nell Terry		
4 x 200 Metres	Kim Dutkowski	01:52.4	27/02/2005
	Anneliese Hunt		
	Caitlin Richardson		
	Stephanie Gunn		
4 x 400 Metres	Jessica Lyndon	04:11.4	5/3/2006
	Caitlin Richardson		
	Anneliese Hunt		
	Kim Dutkowski		
Mixed 4 x 400m Relay	Alex Smart, Violet Owen, Hannah Sheen, Lachlan Sheen	4:05.27	05/02/2022



<b>U/18 Women</b>			
60 Metres	Jemima Geappen	8.19	13/01/2024
100 Metres	Anne Egan	12.0	1/02/1974
	Susan Hooper	12.0	1/03/1980
200 Metres	Monica Biro	24.4	13/02/1971
300 Metres	Ruby Smee	48.72	13/11/2013
400 Metres	Anne Egan	56.5	9/02/1974
800 Metres	Violet Owen	2:07.46	5/04/2025
1000 Metres	Violet Owen	2:54.05	24/01/2024
1500 Metres	Violet Owen	4:26.86	7/04/2025
1 Mile	Violet Owen	4:52.65	8/02/2025
3000 Metres	Ruby Smee	9:52.4	30/01/2016
5000 Metres	Ruby Smee	17.26.76	14/03/2018
10000 Metres	Andrea Marquardt	38:52.2	25/01/1990
1500m Walk	Kelly Excell	7:02.0	12/03/1996
3000m Walk	Kelly Excell	14:48.0	15/03/1997
5000m Walk	Kelly Excell	25:46.2	8/02/1997
100m Hurdles (76.2)	Andrea Fleming	16.6	23/11/1986
400m Hurdles (76.2)	Kim Dutkowski	69.28	19/02/2005
2000m Steeplechase (76.2)	Isabella Thomson	7:04.1	27/02/2005
High Jump	Andrea Fleming	1.68m	24/11/1987
Triple Jump	Julie Munro	11.47m	5/03/1994
Long Jump	Jemima Geappen	5.82m	27/01/2025
Pole Vault	Marz Kwa	2.20m	21/10/2023
Shot Put (3kg)	Cait Hawkins	12.81m	19/12/2020
Discus (1kg)	Yvonne Buckley	36.30m	18/02/1968
Javelin (500g)	Marz Kwa	40.63m	13/04/2023
Hammer (3kg)	Marz Kwa	26.79m	04/03/2023
Heptathlon	Luca Murgatroyd	3917 points	18-19/01/2025
4 x 100 Metres	Charlotte Crawford	51.79	5/11/2022
	Violet Bennett		
	Penelope Geappen		
	Nell Terry		
4 x 200 Metres	Kim Dutkowski	01:52.4	27/02/2005
	Anneliese Hunt		
	Caitlin Richardson		
	Stephanie Gunn		
4 x 400 Metres	Jessica Lyndon	04:12.3	20/3/2005
	Lucy Galloway		
	Anneliese Hunt		
	Kim Dutkowski		
Mixed 4 x 400m Relay	Holly George, Ava Lindquist, Jimmy Marsh, Will Pereira	3:54.60	18/01/2025

<b>U/16 Women</b>			
60 Metres	Jemima Geappen	7.92	18/01/2025
100 Metres	Jemima Geappen	12.22	8/03/2025
200 Metres	Katie Thompson	24.9	5/03/1984
300 Metres	Ruby Smee	48.72	13/11/2013
400 Metres	Katie Thompson	57.0	4/03/1984
800 Metres	Violet Owen	2:07.46	5/04/2025
1000 Metres	Violet Owen	2:54.05	24/01/2024
1500 Metres	Violet Owen	4:26.86	7/04/2025
1 Mile	Violet Owen	4:52.65	8/02/2025
3000 Metres	Ruby Smee	9:52.4	30/01/2016
5000 Metres	Ruby Smee	18:27.9	22/10/2015
1500m Walk	Kelly Excell	7:02.0	12/03/1996
3000m Walk	Kelly Excell	15:39.5	11/02/1996
5000m Walk	Kelly Excell	28:50.2	16/12/1995
90m Hurdles (76.2)	Tene Terblanche	13.56	1/03/2025
200m Hurdles (76.2)	Margot Hobday	31.29	6/04/2025
2000m Steeplechase (76.2)	Isabella Thomson	7:04.1	27/02/2005
High Jump	Andrea Fleming	1.64m	1/11/1986
Triple Jump	Julie Munro	11.47m	5/03/1994
Long Jump	Jemima Geappen	5.82m	27/01/2025
Pole Vault	Marz Kwa	2.20m	21/10/2023
Shot Put (3kg)	Luca Murgatroyd	12.31m	12/01/2025
Discus (1kg)	Kristy Kelly	33.50m	28/01/1996
Javelin (500g)	Marz Kwa	40.63m	13/04/2023
Hammer (3kg)	Marz Kwa	26.79m	04/03/2023
Heptathlon	Margot Hobday	3101 points	18-19/01/2025
4 x 100 Metres	Mia George	55.83	23/11/2024
	Madeleine Siquin van Santen		
	Margot Hobday		
	Ashlin Hagan		
4 x 200 Metres	Alison Morton	02:00.1	19/03/2005
	Sophie Ireland		
	Alisha Young		
	Natalie Curtis		
4 x 400 Metres	Lucette Crombie	4:34.54	16/11/2024
	Madeleine Siquin van Santen		
	Mia George		
	Holly George		

<b>U/14 Women</b>			
60 Metres	Jemima Geappen	8.19	13/01/2024
100 Metres	Jemima Geappen	12.66	23/12/2023
200 Metres	Violet Bennett	26.62	29/03/2022
300 Metres	Ruby Smee	48.72	13/11/2013
400 Metres	Ava Lindquist	59.82	7/03/1994
800 Metres	Violet Owen	2:12.52	11/12/2022
1000 Metres	Victoria Woodham	3:08.50	29/11/2024
1500 Metres	Violet Owen	4:30.21	18/03/2023
1 Mile	Victoria Woodham	5:23.88	18/01/2025
3000 Metres	Ruby Smee	10.46.45	14/10/2014
5000 Metres	Ruby Smee	19:18.6	3/12/2014
1500m Walk	Kelly Excell	07:38.9	26/03/1994
3000m Walk	Jemma Smith	19:16.1	27/03/2011
80m Hurdles	Margot Hobday	13.35	12/01/2025
200m Hurdles	Margot Hobday	31.29	6/04/2025
2000m Steeplechase (76.2)	Melaleuca Bestley Toman	7:35.08	5/02/2023
High Jump	Madeleine Siquin van Santen	1.63m	15/02/2025
Pole Vault	Marz Kwa	2.10m	18/03/2023
Triple Jump	Jemima Geappen	10.87m	04/11/2023
Long Jump	Jemima Geappen	5.57m	23/12/2024
Shot Put (3kg)	Marz Kwa	11.05m	20/12/2022
Discus (1kg)	Kristy Kelly	33.50m	28/01/1996
Javelin (400g)	Marz Kwa	41.61m	09/12/2022
Hammer (3kg)	Marz Kwa	26.79m	04/03/2023
4 x 100 Metres	Mia George	55.83	23/11/2024
	Madeleine Siquin van Santen		
	Margot Hobday		
	Ashlin Hagan		
4 x 200 Metres	Margot Hobday	2:04.00	12/01/2025
	Lucette Crombie		
	Madeleine Siquin van Santen		
	Ashlin Hagan		
4 x 400 Metres	Lucette Crombie	4:42.46	24/10/2024
	Mia George		
	Madeleine Siquin van Santen		
	Margot Hobday		