

SBHC RECORDS

Senior Men			
60 Metres	Oliver Elrick	6.77	4/01/2025
100 Metres	Jagga Pybus	10.40	21/12/2022
200 Metres	Jagga Pybus	21.10	21/01/2022
300 Metres	Lewis Powell	34.78	29/01/2002
400 Metres	Tristan Thomas	45.86	20/01/2009
600 Metres	Ben Covington	1:23.4	29/01/2013
800 Metres	Ryan Foster	1:46.8	12/06/2009
1000 Metres	Ryan Foster	2:19.6	16/01/2010
1500 Metres	Ryan Foster	3:39.6	7/01/2011
1 Mile	Ryan Foster	3:58.5	29/01/2011
2000 Metres	Daniel Smee	5:36.9	3/11/1990
3000 Metres	Randal Markey	8:02.2	07/02/1976
5000 Metres	Kent Rayner	13:55.2	18/03/1976
10000 Metres	Dave Chettle	28:19.0	15/12/1977
30000 Metres	Peter McKenna	3:27.35	31/7/2016
1 Hour Run	Kent Rayner	19.503 km	14/10/1978
Half Marathon	Dejen Gebreselassie	1:02.37	06/10/2018
Marathon	David Chettle	2:10:20	7/12/1975
1500m Walk	Greg Robertson	05:32.0	4/01/1989
3000m Walk	Greg Robertson	11:51.0	19/01/1991
5000m Walk	Greg Robertson	20:41.4	23/02/1991
10000m Walk	Greg Robertson	42:45.5	9/02/1991
20000m Walk	Rohan Best	1:29.22	04/08/1990
110m Hurdles (106.7)	Noel Gray	15.0	20/2/1965
400m Hurdles (91.4)	Tristan Thomas	48.68	9/05/2009
3000m Steeplechase (91.4)	Alexander Kwa	8:54.11	3/05/2026
High Jump	Anthony Baker	2.06m	09/01/1982
Triple Jump	Mark Dick	15.37m	11/1/1997
Long Jump	Moses Khasif	7.22m	7/12/2019
Pole Vault	Andreas Kreiss	4.70m	27/03/2022
Shot Put (7.26kg)	Gavin Ryland	14.64m	05/03/1994
Discus (2kg)	Lyndon Best	46.22m	13/01/1990
Hammer (7.26kg)	Dave Huxley	72.12m	7/02/1988
Javelin (800g)	William Hamlyn-Harris	71.52m	29/07/2000
Decathlon	Jeremy Rae	6479 pts	3/4-4-1999
Pentathlon	Geoff Gibbons	2938 pts	24/04/2011
4 x 100m Relay	Oliver Elrick, Max Brideson, Lachlan Krelle, Jagga Pybus	41.58	15/03/2024
4 x 200m Relay	Jarred Gilroy, Jagga Pybus, Max Brideson, Oliver Elrick	1:28.38	05/02/2022
4 x 400m Relay	Murray Bird, Rick Annells, A Patmore, Cam Hickman	03:19.9	10/02/1968
4 x 800m Relay	Frank Kesseling, Paul Upchurch, Peter Brasher, Robert Thompson	07:57.8	11/03/1978
Mixed 4 x 100m Relay	Jasper Mason, Estelle Gibbs, Max Garwood, Mia George	49.92	14/02/2026
Mixed 4 x 400m Relay	Lilly Ellis, Jess Lynden, Jagga Pybus, Jarred Gilroy	3:40.37	05/02/2022

U/20 Men			
60 Metres	Jagga Pybus	7.07	09/01/2021
	Oliver Elrick	7.07	02/12/2022
100 Metres	Troy Bennett	10.74	17/1/1988
200 Metres	Troy Bennett	21.57	28/3/1987
300 Metres	Lewis Powell	34.78	29/01/2002
400 Metres	Tristan Thomas	47.06	4/12/2004
600 Metres	Ben Covington	1:23.4	29/01/2013
800 Metres	Rick Annells	1:50.8	17/12/1966
	Randal Markey	1:50.8	15/12/1973
1000 Metres	Alexander Kwa	2:31.01	04/02/2022
1500 Metres	Randal Markey	3:40.6	30/03/1974
1 Mile	Randal Markey	4:00.8	18/12/1974
2000 Metres	Daniel Smee	5:36.9	3/11/1990
3000 Metres	Randal Markey	8:18.8	1/12/1973
5000 Metres	Randal Markey	14:34.4	10/11/1973
10000 Metres	Randal Markey	30:34.4	13/02/1974
1 Hour Run	Paul Garrott	15.714 km	3/10/1981
1500m Walk	Greg Robertson	05:32.0	4/01/1989
3000m Walk	Rohan Best	12:03.0	2/02/1992
5000m Walk	Rohan Best	20:51.2	6/01/1991
10000m Walk	Rohan Best	43:40.3	1/07/1990
110m Hurdles (99.1)	Matthew Rickards	14.70	12/12/2003
400m Hurdles (91.4)	Tristan Thomas	49.88	21/03/2006
3000m Steeplechase (91.4)	Alexander Kwa	9:06.85	28/03/2022
High Jump	Anthony Baker	2.06m	09/01/1982
Triple Jump	Josh Hwaba	14.39m	25/02/2023
Long Jump	Moses Khasif	7.22m	7/12/2019
Pole Vault	Andreas Kreiss	4.70m	27/03/2022
Shot Put (6kg new)	Tyson Hartill	11.99m	5/11/2022
Shot Put (7.26kg)	Lyndon Best	13.95m	01/01/1990
Discus (1.75kg new)	Sam Essex	34.21m	14/12/2024
Discus (2kg old)	Lyndon Best	46.22m	13/01/1989
Hammer (6kg new)			
Hammer (7.26kg)	Dave Huxley	50.42m	27/02/1977
Javelin (800g new)	Gavin Ryland	60.46m	17/10/1994
Javelin (800g old)	Andrew Edwards	58.75m	27/11/1976
Decathlon	Sean Broadby	6313 pts	1/2-2-2003
4 x 100m Relay	Sean Broadby, Matt Rickards, Sam Laughlin, Lewis Powell	43.14	1/02/2003
4 x 200m Relay	Sean Broadby, Matt Rickards, Sam Laughlin, Lewis Powell	01:30.0	30/11/2002
4 x 400m Relay	Shaun King, Sam Laughlin, Alex Piekutowski, Lewis Powell	03:22.7	9/03/2002
4 x 800m Relay	John McMurray, Chris Hey, Barry Drew, Terry Moore	08:19.8	12/01/1977
Mixed 4 x 100m Relay	Jasper Mason, Estelle Gibbs, Max Garwood, Mia George	49.92	14/02/2026
Mixed 4 x 400m Relay	Jimmy Marsh, Holly George, William Pereira, Ava Lindquist	3:54.60	18/01/2025

U/18 Men			
60 Metres	Lewis Powell	7.18	10/03/2001
100 Metres	Jagga Pybus	10.74	22/12/2018
200 Metres	David Ashcroft	21.5	10/12/1983
300 Metres	Max Brideson	36.86	09/01/2021
400 Metres	Russell Taib	47.57	14/03/2015
800 Metres	Ryan Foster	1:50.4	4/03/2006
1000 Metres	Alexander Kwa	2:31.01	04/02/2022
1500 Metres	Randal Markey	3:51.1	20/02/1972
1 Mile	Gary Bissett	4:20.5	7/12/1980
2000 Metres	Peter Kay	5:49.7	26/01/1991
3000 Metres	Gary Bissett	8:28.6	11/01/1981
5000 Metres	Gary Bissett	14:42.5	7/03/1981
10000 Metres	Allan Bennett	31:52.4	17/12/1969
1 Hour Run	Paul Garrott	15.714 km	3/10/1981
1500m Walk	Rohan Best	5:55.0	4/01/1990
3000m Walk	Rohan Best	12:03.0	19/01/1991
5000m Walk	Rohan Best	20:51.2	6/01/1991
10000m Walk	Rohan Best	43:40.3	1/07/1990
110m Hurdles (91.4)	Tristan Thomas	14.21	12/12/2003
300m Hurdles (84)	Patrick Lyden	42.93	21/02/2004
400m Hurdles (84)	Paul Aiken	55.5	19/11/1988
2000m Steeplechase (84cm)	Alexander Kwa	5:55.38	05/03/2022
3000m Steeplechase (91.4)	Alexander Kwa	9:06.85	28/03/2022
High Jump	Anthony Baker	2.06m	09/01/1982
Triple Jump	Josh Hwaba	14.25m	21/03/2021
Long Jump	Moses Khasif	7.22m	7/12/2019
Pole Vault	Andreas Kreiss	4.21m	5/12/2021
Shot Put (5kg)	Gavin Ryland	17.03m	21-13-1993
Discus (1.5kg)	Lyndon Best	49.32m	8/10/1988
Hammer (5kg)	Matthew Cooper	50.21m	10/02/1990
Javelin (700g old)	William Oakford	53.90m	18/12/1976
Javelin (700g new)	Gavin Ryland	67.96m	22/02/1992
Decathlon	Jasper Mason	5717 pts	18-19/04/2026
Pentathlon	William Oakford	2642 pts	6/8-2-1977
4 x 100m Relay	Troy Bennett, Glenn Turnor, Paul Aiken, Carl Brazendale	43.9	8/11/1986
4 x 200m Relay	Tommy Bennett, Liam Dawson, Nicholas Chivers, Addison Rowley	01:34.59	05/02/2023
4 x 400m Relay	Mark Nichols, Scott Kelly, Tom Bills, Symon Bird	03:30.6	26/02/1994
4 x 800m Relay	John McMurray, Chris Hey, Barry Drew, Terry Moore	08:19.8	12/01/1977
Mixed 4 x 100m Relay	Jasper Mason, Estelle Gibbs, Max Garwood, Mia George	49.92	14/02/2026
Mixed 4 x 400m Relay	Jimmy Marsh, Holly George, William Pereira, Ava Lindquist	3:54.60	18/01/2025

U/16 Men			
60 Metres	Russell Taib	7.26	6/11/2013
100 Metres	Troy Bennett	11.1	17/11/1985
	Simon Bresnehan	11.1	1/12/1990
200 Metres	Max Waldron	22.24	13/03/2010
300 Metres	Alex Smart	39.33	09/01/2021
400 Metres	Max Waldron	49.07	10/12/2009
800 Metres	Aaron Hogan	1:56.5	24/03/1996
1000 Metres	Will Pereira	2:41.73	24/01/2024
1500 Metres	Rowan Simpson	4:04.0	22/10/1994
1 Mile	William Pereira	4:29.28	25/02/2024
3000 Metres	William Pereira	8:49.74	09/12/2023
5000 Metres	Gary Bissett	15:51.6	23/01/1978
1 Hour Run	Paul Garrott	15.714 km	3/10/1981
1500m Walk	Matthew Robertson	6:14.2	10/02/1990
3000m Walk	Matthew Robertson	13:32.2	7/10/1989
5000m Walk	Rohan Best	23:28.6	19/11/1988
10000m Walk	Matthew Robertson	49:26.1	24/02/1990
100m Hurdles (84.0)	Nick Chivers	13.75	26/11/2023
200m Hurdles (76.2)	Patrick Kearney	29.38	13/03/2014
2000m Steeplechase (76.2)	William Pereira	5:55.98	17/04/2024
High Jump	Brendon Cooper	1.93m	6/01/1987
Triple Jump	Warren Smith	13.89m	29/11/1975
Long Jump	Max Brideson	6.83m	21/12/2019
Pole Vault	Maddox Day	3.00m	21/03/2026
Shot Put (4kg)	Gavin Ryland	15.82m	19/10/1991
Discus (1kg)	Lyndon Best	55.26m	25/10/1986
Hammer (4kg)	Simon Nichols	56.48m	5/02/1994
Javelin (700g)	Ryan Bruens	61.12m	12/11/1994
Decathlon	Lyndon Best	4792 pts	2/02/1986
Heptathlon	Flynn Mason	2250 pts	17-18/01/2026
Pentathlon	Ryan Foster	3288 pts	10/11-1-2004
4 x 100m Relay	George McLeod, Jacob Vanderkroef, Josh Hwaba, Max Brideson	46.67	10/11/2018
4 x 200m Relay	George McLeod, Jacob Vanderkroef, Josh Hwaba, Max Brideson	01:36.84	17/11/2018
4 x 400m Relay	Troy Bennett, Damien Taplin, Paul Taranto, Braddon Voss	03:35.1	4/03/1984
4 x 800m Relay	John McMurray, Chris Hey, Barry Drew, Terry Moore	08:19.8	12/01/1977
Mixed 4 x 100m Relay	Jasper Mason, Estelle Gibbs, Max Garwood, Mia George	49.92	14/02/2026
Mixed 4 x 400m Relay			

U/14 Men			
60 Metres	Tom Gartlan	7.71	10/02/2024
100 Metres	Harrison McLeod	11.80	24/10/2019
200 Metres	Harrison McLeod	23.98	2/11/2019
400 Metres	Sam Keenan	54.09	10/12/2004
800 Metres	Sam Keenan	1:56.6	11/12/2004
1000 Metres	Jake Burt	2:41.19	14/02/2026
1500 Metres	Jake Burt	4:18.44	18/04/2026
1 Mile	Jake Burt	4:46.97	31/01/2026
3000 Metres	Alexander Kwa	9.52.00	10/02/2018
5000 Metres	Alexander Kwa	17.41.18	16/12/2017
1 Hour Run	Paul Garrott	15.741 km	3/10/1981
1500m Walk	Greg Robertson	6:56.3	3/12/1983
3000m Walk	Greg Robertson	14.46.70	19/11/1983
5000m Walk	Greg Robertson	24.44.90	16/11/1983
90m Hurdles (72.6)	Olly Mills	13.84	15/02/1997
200m Hurdles (72.6)	Angus Newsham-West	30.89	15/11/2025
2000m Steeplechase (76.2)	Douglas Poskitt	6:40.04	5/04/2025
High Jump	Olly Mills	1.65m	16/11/1996
Triple Jump	Tom Collier	12.58m	5/12/2002
Long Jump	Harrison McLeod	5.78m	7/12/2019
Pole Vault	Andrew Knott	2.30m	1/03/1987
Shot Put (3kg)	S Blackburn	14.16m	3/12/1995
Discus (1kg)	Scott Kelly	40.78m	7/12/1991
Hammer (3kg)	Dean Eddington	29.22m	10/03/1991
Javelin (600g)	Ryan Bruens	44.56m	22/02/1992
Pentathlon			
4 x 100m Relay	Lachlan Weeding, Angus Newsham-West, Flynn Mason, Maxim Otahal	49.70	14/03/2026
4 x 200m Relay	Elod May, Dominic Pereira, River Howe, Jake Burt	1:55.02	9/11/2024
4 x 400m Relay	Angus Newsham-West, Flynn Mason, Lachlan Weeding, Jake Burt	4:13.98	23/10/2025
Mixed 4 x 100m Relay	Angus Newsham-West, Lucette Crombie, Maxim Otahal, Madeleine Siquin van Santen	52.27	15/11/2025
Mixed 4 x 400m Relay			

O/40 Men			
60 Metres	John Howe	7.16	28/02/2026
100 Metres	John Howe	11.23	21/03/2026
200 Metres	John Howe	22.63	7/03/2026
400 Metres	William Harding	54.74	22/03/2026
800 Metres	William Harding	2:03.82	21/02/2026
1000 Metres	Craig Downie	2:41.16	8/01/2002
1500 Metres	Craig Downie	4:09.90	17/11/2001
Mile	William Harding	4:44.26	31/01/2026
3000 Metres	Craig Downie	8:51.60	27/11/2001
5000 Metres	Daniel Smee	16:05.21	28/11/2015
10000 Metres	Ric Coyle	31:18.50	1/03/1991
Half Marathon	Daniel Smee	1:13.55	12/01/2020
Marathon	Daniel Smee	2:36.32	9/10/2011
110m Hurdles (106.7)	Caleb Gardner	24.67	21/01/2023
400m Hurdles (91.4)	Caleb Gardner	1:11.00	5/03/2018
3000m Steeplechase (91.4)	Daniel Smee	10:43.10	25/11/2017
High Jump	Caleb Gardner	1.50m	23/11/2019
Triple Jump	Caleb Gardner	8.43m	4/03/2018
Long Jump	Caleb Gardner	4.73m	15/03/2019
Pole Vault	Caleb Gardner	3.12m	5/02/2022
Shot Put (7.26kg)	Ryan day	10.63m	25/02/2024
Discus (2kg)	Ryan Day	31.84m	9/03/2025
Hammer (7.26kg)	Chris Sullivan	16.37m	01/02/2025
Javelin (800g)	Caleb Gardner	25.22m	22/01/2023
Decathlon	Caleb Gardner	2765pts	21-22/01/2023
4 x 100m Relay			
4 x 400m Relay			
Mixed 4 x 100m Relay			
Mixed 4 x 400m Relay			

Senior Women			
60 Metres	Nell Terry	7.88	8/11/2025
100 Metres	Elaine Frawley	11.6	30/01/1971
200 Metres	Elaine Frawley	23.9	12/03/1967
300 Metres	Jessica Lyndon	42.14	09/01/2021
400 Metres	Kirrilee Buonaccorsi	54.36	8/02/1997
800 Metres	Donna MacFarlane	2:06.39	5/03/2006
1000 Metres	Donna MacFarlane	2:45.68	11/02/2008
1500 Metres	Donna MacFarlane	4:10.4	25/02/2007
1 Mile	Donna MacFarlane	4:33.5	2/03/2007
3000 Metres	Donna MacFarlane	8:50.7	9/03/2006
5000 Metres	Ruby Smee	15:36.04	11/02/2022
10000 Metres	Ruby Smee	32:30.60	31/03/2023
20000 Metres	Trudy Fenton	1:17:23.0	18/03/1986
Half Marathon	Hanny Allston	1.15.03	11/09/2009
Marathon	Hanny Allston	2:40:34.0	7/10/2007
1500m Walk	Kelly Excell	7:02.0	12/03/1996
3000m Walk	Kelly Excell	14:29.23	28/03/1998
5000m Walk	Kelly Excell	25:05.05	21/02/1998
10000m Walk	Kelly Excell	53.10.39	06/11/1999
100m Hurdles (84)	Kathy Gilbert	15.8	5/02/1977
400m Hurdles (76.2)	Ange Cooper	61.53	17/02/1996
2000m Steeplechase (76.2)	Donna MacFarlane	6:20.06	02/02/2008
3000m Steeplechase (76.2)	Donna MacFarlane	09:18.4	15/08/2008
High Jump	Abigail Rothery	1.75m	10/05/2015
Triple Jump	Kelly Hill	12.66m	18/03/1999
Long Jump	Abigail Rothery	5.83m	13/12/2014
Pole Vault	Jessica Lyden	3.25m	2/03/2002
Shot Put (4kg)	Jennifer Gordon	13.44m	29/01/1977
Discus (1kg)	Yvonne Buckley	38.30m	18/02/1968
Hammer (4kg)	Lisa Kirsch	44.78m	30/11/2002
Javelin (600g)	Jennifer Gordon	38.18m	6/03/1976
Decathlon	Jessica Lyden	4982pts	10/01/2004
Heptathlon	Abigail Rothery	4120pts	31-1/04/2016
4 x 100 Metres	Daisy Bennett, Jemima Geappen, Eise Baniowski, Nell Terry	50.76	21/03/2026
4 x 200 Metres	Lauren Wells, Emily Bell, Chloe Merry, Jessica Lyden	01:49.9	11/11/2000
4 x 400 Metres	Jessica Lyndon, Caitlin Richardson, Anneliese Hunt, Kim Dutkowski	04:11.4	05/03/2006
4 x 800 Metres	Anna Smee, Mandy McIntyre, Anne Pullen, Jane Sargison	10:55.20	05/02/2022
Mixed 4 x 100m Relay	Jasper Mason, Estelle Gibbs, Max Garwood, Mia George	49.92	14/02/2026
Mixed 4 x 400m Relay	Lilly Ellis, Jess Lynden, Jagga Pybus, Jarred Gilroy	3:40.37	05/02/2022

U/20 Women			
60 Metres	Nell Terry	7.88	8/11/2025
100 Metres	Jemima Geappen	12.22	8/03/2025
200 Metres	Monica Biro	24.4	14/12/1971
300 Metres	Isabella Farid	45.87	09/01/2021
400 Metres	Anne Egan	56.5	9/02/1974
800 Metres	Violet Owen	2:07.46	5/04/2025
1000 Metres	Violet Owen	2:50.22	14/02/2026
1500 Metres	Violet Owen	4:22.81	14/03/2026
1 Mile	Ruby Smee	4:45.25	28/11/2020
3000 Metres	Ruby Smee	9:18.42	10/10/2020
5000 Metres	Ruby Smee	16:16.89	31/10/2020
10000 Metres	Andrea Marquardt	38:52.2	25/01/1990
1500m Walk	Kelly Excell	7:02.0	12/03/1996
3000m Walk	Kelly Excell	14:48.0	15/03/1997
5000m Walk	Kelly Excell	25:46.2	8/02/1997
10000m Walk	Kelly Excell	53.10.39	06/11/1999
100m Hurdles (84)	Kathy Gilbert	15.6	5/02/1977
400m Hurdles (76.2)	Ange Cooper	61.53	17/02/1996
2000m Steeplechase (76.2)	Isabella Thomson	7:04.1	27/02/2005
High Jump	Abigail Rothery	1.70m	11/10/2014
Triple Jump	Julie Munro	11.47m	5/03/1994
Long Jump	Abigail Rothery	5.83m	13/12/2014
Pole Vault	Jessica Lyden	3.25m	2/03/2002
Shot Put (4kg)	Jennifer Gordon	12.80m	8/03/1976
Discus (1kg)	Yvonne Buckley	36.30m	8/02/1968
Javelin (600g)	Jennifer Gordon	38.18m	6/03/1976
Hammer (4kg)			
Decathlon	Jessica Lyden	4518 pts	1/2-02-2003
Heptathlon			
Pentathlon			
4 x 100 Metres	Charlotte Crawford, Violet Bennett, Penelope Geappen, Nell Terry	51.79	5/11/2022
4 x 200 Metres	Kim Dutkowski, Anneliese Hunt, Caitlin Richardson, Stephanie Gunn	01:52.4	27/02/2005
4 x 400 Metres	Jessica Lyndon, Caitlin Richardson, Anneliese Hunt, Kim Dutkowski	04:11.4	5/3/2006
Mixed 4 x 100m Relay	Jasper Mason, Estelle Gibbs, Max Garwood, Mia George	49.92	14/02/2026
Mixed 4 x 400m Relay	Jimmy Marsh, Holly George, William Pereira, Ava Lindquist	3:54.60	18/01/2025

U/18 Women			
60 Metres	Jemima Geappen	7.92	18/01/2025
100 Metres	Jemima Geappen	12.22	8/03/2025
200 Metres	Monica Biro	24.4	13/02/1971
300 Metres	Ruby Smee	48.72	13/11/2013
400 Metres	Anne Egan	56.5	9/02/1974
800 Metres	Violet Owen	2:07.46	5/04/2025
1000 Metres	Violet Owen	2:50.22	14/02/2026
1500 Metres	Violet Owen	4:22.81	14/03/2026
1 Mile	Violet Owen	4:51.37	31/01/2026
3000 Metres	Ruby Smee	9:52.4	30/01/2016
5000 Metres	Ruby Smee	17.26.76	14/03/2018
10000 Metres	Andrea Marquardt	38:52.2	25/01/1990
1500m Walk	Kelly Excell	7:02.0	12/03/1996
3000m Walk	Kelly Excell	14:48.0	15/03/1997
5000m Walk	Kelly Excell	25:46.2	8/02/1997
100m Hurdles (76.2)	Tene Terblanche	16.39	18/10/2025
400m Hurdles (76.2)	Kim Dutkowski	69.28	19/02/2005
2000m Steeplechase (76.2)	Isabella Thomson	7:04.1	27/02/2005
High Jump	Andrea Fleming	1.68m	24/11/1987
Triple Jump	Julie Munro	11.47m	5/03/1994
Long Jump	Jemima Geappen	5.82m	27/01/2025
Pole Vault	Marz Kwa	2.20m	21/10/2023
Shot Put (3kg)	Cait Hawkins	12.81m	19/12/2020
Discus (1kg)	Yvonne Buckley	36.30m	18/02/1968
Javelin (500g)	Marz Kwa	40.63m	13/04/2023
Hammer (3kg)	Marz Kwa	26.79m	04/03/2023
Heptathlon	Luca Murgatroyd	3917pts	18-19/01/2025
4 x 100 Metres	Charlotte Crawford, Violet Bennett, Penelope Geappen, Nell Terry	51.79	5/11/2022
4 x 200 Metres	Kim Dutkowski, Anneliese Hunt, Caitlin Richardson, Stephanie Gunn	01:52.4	27/02/2005
4 x 400 Metres	Jessica Lyndon, Lucy Galloway, Anneliese Hunt, Kim Dutkowski	04:12.3	20/3/2005
Mixed 4 x 100m Relay	Jasper Mason, Estelle Gibbs, Max Garwood, Mia George	49.92	14/02/2026
Mixed 4 x 400m Relay	Jimmy Marsh, Holly George, William Pereira, Ava Lindquist	3:54.60	18/01/2025

U/16 Women			
60 Metres	Jemima Geappen	7.92	18/01/2025
100 Metres	Jemima Geappen	12.22	8/03/2025
200 Metres	Katie Thompson	24.9	5/03/1984
300 Metres	Ruby Smee	48.72	13/11/2013
400 Metres	Katie Thompson	57.0	4/03/1984
800 Metres	Violet Owen	2:07.46	5/04/2025
1000 Metres	Violet Owen	2:54.05	24/01/2024
1500 Metres	Violet Owen	4:26.86	7/04/2025
1 Mile	Violet Owen	4:52.65	8/02/2025
3000 Metres	Ruby Smee	9:52.4	30/01/2016
5000 Metres	Ruby Smee	18:27.9	22/10/2015
1500m Walk	Kelly Excell	7:02.0	12/03/1996
3000m Walk	Kelly Excell	15:39.5	11/02/1996
5000m Walk	Kelly Excell	28:50.2	16/12/1995
90m Hurdles (76.2)	Margot Hobday	13.23	22/03/2026
200m Hurdles (76.2)	Margot Hobday	29.16	21/03/2026
2000m Steeplechase (76.2)	Isabella Thomson	7:04.1	27/02/2005
High Jump	Andrea Fleming	1.64m	1/11/1986
Triple Jump	Julie Munro	11.47m	5/03/1994
Long Jump	Jemima Geappen	5.82m	27/01/2025
Pole Vault	Marz Kwa	2.20m	21/10/2023
Shot Put (3kg)	Luca Murgatroyd	12.31m	12/01/2025
Discus (1kg)	Kristy Kelly	33.50m	28/01/1996
Javelin (500g)	Marz Kwa	40.63m	13/04/2023
Hammer (3kg)	Marz Kwa	26.79m	04/03/2023
Heptathlon	Madeleine Siquin van Santen	4195 pts	15-16/04/2026
4 x 100 Metres	Lucette Crombie, Ella Sharpen, Mia George, Madeleine Siquin van Santen	53.19	14/03/2026
4 x 200 Metres	Alison Morton, Sophie Ireland, Alisha Young, Natalie Curtis	02:00.1	19/03/2005
4 x 400 Metres	Georgia Scharvi, Bethany Scharvi, Ella Sharpen, Libby Crispin	4:33.54	23/10/2025
Mixed 4 x 100m Relay	Jasper Mason, Estelle Gibbs, Max Garwood, Mia George	49.92	14/02/2026
Mixed 4 x 400m Relay			

U/14 Women			
60 Metres	Jemima Geappen	8.19	13/01/2024
100 Metres	Jemima Geappen	12.66	23/12/2023
200 Metres	Violet Bennett	26.62	29/03/2022
300 Metres	Ruby Smee	48.72	13/11/2013
400 Metres	Ava Lindquist	59.82	9/03/2025
800 Metres	Violet Owen	2:12.52	11/12/2022
1000 Metres	Victoria Woodham	3:08.50	29/11/2024
1500 Metres	Violet Owen	4:30.21	18/03/2023
1 Mile	Victoria Woodham	5:23.88	18/01/2025
3000 Metres	Ruby Smee	10.46.45	14/10/2014
5000 Metres	Ruby Smee	19:18.6	3/12/2014
1500m Walk	Kelly Excell	07:38.9	26/03/1994
3000m Walk	Jemma Smith	19:16.1	27/03/2011
80m Hurdles (76.2)	Margot Hobday	13.35	12/01/2025
200m Hurdles (76.2)	Margot Hobday	31.29	6/04/2025
2000m Steeplechase (76.2)	Melaleuca Bestley Toman	7:35.08	5/02/2023
High Jump	Madeleine Siquin van Santen	1.63m	15/03/2025
Pole Vault	Marz Kwa	2.10m	18/03/2023
Triple Jump	Jemima Geappen	10.87m	04/11/2023
Long Jump	Jemima Geappen	5.57m	23/12/2024
Shot Put (3kg)	Marz Kwa	11.05m	20/12/2022
Discus (1kg)	Kristy Kelly	33.50m	28/01/1996
Javelin (400g)	Marz Kwa	41.61m	09/12/2022
Hammer (3kg)	Marz Kwa	26.79m	04/03/2023
4 x 100 Metres	Mia George, Madeleine Siquin van Santen, Margot Hobday, Ashlin Hagan	55.83	23/11/2024
4 x 200 Metres	Margot Hobday, Ashlin Hagan, Lucette Crombie, Madeleine Siquin van Santen	2:04.00	12/01/2025
4 x 400 Metres	Lucette Crombie, Mia George, Madeleine Siquin van Santen, Margot Hobday	4:42.46	24/10/2024
Mixed 4 x 100m Relay	Angus Newsham-West, Lucette Crombie, Maxim Otahal, Madeleine Siquin van Santen	52.27	15/11/2025

O/40 Women			
60 Metres	Gail Fisher	9.08	25/03/2018
100 Metres	Gail Fisher	14.28	2/02/2019
200 Metres	Carina Bonifacio	30.06	14/03/2026
400 Metres	Anna Smee	64.74	13/03/2014
800 Metres	Anna Smee	2:21.71	13/03/2021
1000 Metres	Anna Smee	3:11.56	27/01/2021
1500 Metres	Anna Smee	4:51.22	27/02/2021
Mile	Francesca Smith	5:23.28	23/01/2016
3000 Metres	Francesca Smith	10:24.74	16/10/2016
5000 Metres	Francesca Smith	18:06.72	12/11/2016
10000 Metres	Anna Smee	38:02.94	4/02/2024
Half Marathon	Francesca Smith	1:24.13	3/07/2016
Marathon	Anita McGinniss	3:31.02	8/01/2022
1500m Walk			
100m Hurdles (76.2cm)			
400m Hurdles (76.2cm)			
2000m Steeplechase (76.2)			
High Jump			
Triple Jump			
Long Jump	Jess Palermo	3.10m	8/11/2025
Pole Vault			
Shot Put (4kg)	Lisa Kirsch	11.82m	1/03/1995
Discus (1kg)	Lisa Kirsch	34.35m	4/03/2000
Hammer (4kg)	Lisa Kirsch	44.00m	1/03/1996
Javelin (600g)	Lisa Kirsch	29.49m	25/03/2001
Pentathlon			
4 x 100m Relay			
4 x 400m Relay			
Mixed 4 x 100m Relay			
Mixed 4 x 400m Relay			